

MUSHROOM MIX, PREMIUM WILD

PRODUCT SPECIFICATIONS					
DESCRIPTION	Dried mushroom blend with: Oyster, porcini, trompette, sliced shiitake and morel				
BOTANICAL NAME	Pleurotus Ostrearus, boletus edulis, auricularia auricula, lentinus edodes, morchella conica				
ORIGIN	Oyster and shiitake – China; Porcini – China, France or Bulgaria; Trompette – Bulgaria or France; Morel - USA				
ITEM SKU	inv-MX1				
OTHER CHARACTERISTICS	 Color – diverse (white, beige, light grey, light to dark brown, black) Consistency – crunchy dry Aroma – earthy Flavor – earthy aroma; typical of wild mushrooms 				
ALLERGEN STATEMENT	This product contains sulfite (from 0 to 100 ppm)*				
GMO	This product contains no GMO				
PACK AND SIZE	Packed in 1-lb reseal able food-grade poly bags or per customer specification.				
STORAGE AND SHELF LIFE	Ideally, store dried mushrooms in a freezer at 0 degrees Fahrenheit for shelf life of three (3) or more years. To prevent breakage, thaw the dried mushrooms for at least two hours if taken directly from the freezer. Outside of a freezer, store in a cool, dry area of no more than 65 degrees Fahrenheit for a shelf life of up to six (6) months. Do not store dried mushrooms in humid conditions.				
DIRECTIONS	Re-hydrate mushrooms in warm water for approximately 20 to 30 minutes. Rinse thoroughly and cook according to your recipe.				

This is NOT a Ready-to-Eat Product. It must be cooked prior to consumption.

^{*} No sulfites are added to the mushrooms. Small amounts of sulfites are inherent in fresh mushrooms. Sulfite amounts of 0 to 100 parts per million (ppm) have been detected in dried mushrooms.

MUSHROOM MIX, PREMIUM WILD

	Package			
Mix Premium	Size		DRV	Serving Sz
In Grams	100	g		100 g
In Ounces	3.5274	ΟZ		3.5274 oz
# of Serving per container				
				0.40.0
Calories	340.9			340.9
Calories from Fat	23.8		05	23.8
Fat	2.614	_	65 g	4.02%
Protein	19.208	-	50 g	38.42%
Moisture	10.588	g		
Ash	7.461	g		
Total Carbohydrates	60.129	g	300 g	20.04%
Dietary Fiber	29.84	g	25 g	119.36%
Sugars	1.78	g		
Cholesterol	0	mg	300 mg	0.00%
Saturated Fat	0.28173	g	20 g	1.41%
Monounsaturated Fat	0.66392	g		
Polyunsaturated Fat	1.27093			
Trans Fat	N/A	•		
Sodium	83.531	mg	2400 mg	3.48%
Calcium	20.957	-	1000 mg	2.10%
Iron	10.094	•	18 mg	
Vitamin A		I.Ŭ.	5000 IU	0.04%
Vitamin C	4.4	mg	60 mg	7.33%
Potassium	N/A	Ū	3500 mg	