

## PRODUCT SPECIFICATION

DRIED SLICED SHIITAKE MUSHROOM		
DESCRIPTION	Dried Sliced Shiitake Mushroom	
BOTANICAL NAME	Lentinus Edodes	
ORIGIN	China	
ITEM CODE	inv-MSSH	
INGREDIENTS	Dried sliced shiitake mushroom	
OTHER CHARACTERISTICS	<ul> <li>Color – white to beige under cap, and dark brown on top</li> <li>Consistency – firm</li> <li>Aroma – light, typical earthy aroma</li> <li>Flavor – mild, typical of shiitake mushroom</li> </ul>	
ALLERGEN STATEMENT	This product contains sulfite (from 0 to 100 ppm)*	
GMO	This product contains no GMO	
PACK AND SIZE	Packed in 1-lb resealable poly bags or in bulk per each customer's request. Minimum order 1 pound	
STORAGE AND SHELF LIFE	Store dried mushrooms in a freezer at 0 degrees Fahrenheit for an indefinite shelf life. To prevent breakage, thaw the dried mushrooms for at least two hours if taken directly from the freezer. Outside of a freezer, store in a cool, dry area of no more than 65 degrees Fahrenheit for a shelf life of 2 years.** Do not store dried mushrooms in humid conditions. Keep unused portion in sealed containers to prevent insect infestation and/or contamination from outside odors/aroma.	
KOSHER	YES	
DIRECTIONS	Re-hydrate mushrooms in warm water for approximately 20 to 30 minutes. Rinse thoroughly and cook according to your recipe.	

### This is NOT a Ready-to-Eat Product. It must be cooked prior to consumption.

<sup>\*</sup> No sulfites are added to the mushrooms. Small amounts of sulfites are inherent in fresh mushrooms. Sulfite amounts of 0 to 100 parts per million (ppm) have been detected in dried mushrooms.

<sup>\*\*</sup> The shelf life of dried mushrooms is affected by not only temperature, but also humidity. By the nature of dired mushrooms, it is already preserved. However, with time and exposure, mushrooms will become discolored or lose flavor but are still very much edible.

#### **ALLERGEN STATEMENT**

# **DRIED SLICED SHIITAKE MUSHROOMS**

Component and derivative	Present in Product	Present in other products mfg on same line	Present in the same mfg plant
Barley, Rye Oats	No	No	No
Celery (not including seeds)	No	No	No
Corn	No	No	No
Egg	No	No	No
Fin Fish	No	No	No
Milk	No	No	No
Monosodium Glutamate	No	No	No
Peanuts	No	No	No
Seeds (Poppy, Sunflower, cottonseed)	No	No	No
Sesame Seeds	No	No	No
Shell Fish	No	No	No
Soybean Oil	No	No	No
Soybeans	No	No	No
Sulphites (enter max PPM)	<100	<100	<100
Tree Nuts	No	No	Yes
Wheat	No	No	No
Yellow 5 (Tartraznine)	No	No	No
Latex	No	No	No



# **DRIED SLICED SHIITAKE MUSHROOM**

USDA National Nutrient Database for Standard Reference; Release 28 Slightly revised May 2016; Report 11268					
	ckage S				
In Grams	J	100			
Water	g	9.5			
Energy	kcal	296			
Energy	kJ	1238			
Protein	g	9.58			
Total lipid	g	0.99			
Ash	g	4.56			
Carbohydrate	g	75.37			
Dietary Fiber	g	11.5			
Sugars	g	2.21			
Minerals					
Calcium	mg	11			
Iron	mg	1.72			
Magnesium	mg	132			
Phosphorus	mg	294			
Potassium	mg	1534			
Sodium	mg	13			
Zinc	mg	7.66			
Copper	mg	5.165			
Manganese	mg	1.176			
Selenium	μg	46.1			
Vitamins					
Vitamin C	mg	3.5			
Thiamin	mg	0.3			
Riboflavin	mg	1.27			
Niacin	mg	14.1			
Pantothenic acid	mg	21.879			
Vitamin B-6	mg	0.965			
Folate, total	μg	163			
Folate, food	μg	163			
Folate DFE	μg	163			
Choline, total	mg	201.7			
Vitamin D	μg	3.9			
Vitamin D	IU	154			