Home Baking Recipe:

Ingredients

1 lb Danish Mix
²/₃ cup water, plus 1-2 tsp more if needed
1 large egg
3¹/₂ teaspoons instant yeast
1¹/₂ tablespoons cold shortening (for lamination)
*Make sure to double the recipe for the 2 lb mix option

Instructions

1. Make the dough In a large mixing bowl, combine Danish mix, water, egg, and yeast. Mix on low speed for 1 minute, then medium for 1½ to 2 min., until smooth and tacky. Dough should be flexible without tearing. If it feels dry, add 1-2 teaspoons water gradually.

2. Optional chill Wrap and refrigerate dough for 20–30 minutes to relax gluten and make rolling easier.

3. Laminate Roll dough into a 6" \times 12" rectangle on a lightly floured surface and spread cold shortening over the bottom $\frac{2}{3}$ of the dough. Fold like a letter: top third down, bottom third up. Rotate 90°, gently roll, and repeat. Complete 3 total letter folds, chilling the dough 15–20 minutes between folds.

4. Overnight rest (optional but ideal) Wrap dough and refrigerate for 8-12 hours to improve flakiness and handling.

5. Shape and final proof Roll to ³/₈ inch thick and cut into desired shapes (braids, pinwheels, twists, etc.), about 8–10 medium pastries. Place on a parchment-lined tray and cover lightly. Proof at room temperature for 60–90 minutes, until the pastries are noticeably puffy and spring back slowly when gently pressed.

6. Bake Preheat oven to 365°F. Bake for 16–22 minutes, or until golden brown and crisp.

Tips

To apply shortening, you can shave it using a box grater into thin ribbons, or cut into thin slices and tile them evenly.

Egg wash before baking for shine, and optionally glaze once baked.



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