

# Organic Puffed Amaranth AACCS

## Description

Puffed Amaranth is a nutritious, puffed, whole-grain product with a unique, nutty, toasted flavor, and a “soft crunch” texture. It adds essential fiber and vitamins to a variety of applications. A source of complete protein, amaranth contains eight essential amino acids, including lysine.

## Applications & Functional Benefits

Improved texture in baked goods, bars, and cereal. Assists with binding and water absorption. Holds natural and artificial flavors. Clean label.

## Ingredients

Puffed Amaranth – 100%

## Country of Origin

United States of America

## Packaging

3-ply multi-wall bags or totes.

## Storage and Shelf Life

12 months unopened, ambient conditions of moderate temperature and humidity.

## Technical Analysis

### Allergens

Gluten <10 ppm

### Analytical Analysis

Moisture 11.0% Max  
Bulk Density 140 ± 40g/L  
Color Off-white to light brown  
Unpuffed Grain ≤1%

### Microbiological Analysis

Coliforms <10 cfu/g  
E.coli <10 cfu/g  
Listeria Negative  
Salmonella Negative

### Food Safety Certification

GSFI, Organic and Kosher Certifications.

## Nutritional Facts

| <b>Nutrition Facts</b>              |            |
|-------------------------------------|------------|
| Puffed Amaranth                     |            |
| Serving size 100 grams (100g)       |            |
| Amount Per Serving                  |            |
| <b>Calories</b>                     | <b>371</b> |
| % Daily Value*                      |            |
| <b>Total Fat</b> 7g                 | <b>9%</b>  |
| Saturated Fat 1.5g                  | <b>7%</b>  |
| Trans Fat 0g                        |            |
| Polyunsaturated Fat -g              |            |
| Monounsaturated Fat -g              |            |
| <b>Cholesterol</b> 0mg              | <b>0%</b>  |
| <b>Sodium</b> 4mg                   | <b>0%</b>  |
| <b>Total Carbohydrate</b> 65g       | <b>24%</b> |
| Dietary Fiber (per old FDA rule) 7g | <b>27%</b> |
| Dietary Fiber 7g                    | <b>24%</b> |
| Total Sugars 2g                     |            |
| Includes 0g Added Sugars            | <b>0%</b>  |
| Sugar Alcohol -g                    |            |
| <b>Protein</b> 14g                  |            |
| Vitamin D 0mcg                      | 0%         |
| Calcium 160mg                       | 12%        |
| Iron 7.6mg                          | 42%        |
| Potassium 510mg                     | 11%        |

## GMO Status

Non-GMO

## Prop 65 Statement

Does not apply

*This product is food grade and is in compliance with Federal Food, Drug and Cosmetic Act as amended and all applicable regulations thereunder.*