


## Organic Maitake Mushrooms MAO

<p><b>Description :</b> Dried Organic Maitake Mushroom Slices (<i>grifola frondosa</i>)</p> <p><b>Plant Part Used :</b> Fruiting body</p> <p><b>Ingredients :</b> Organic Dried Maitake Mushrooms (no other ingredients added)</p> <p><b>Packaging :</b> Bulk; Sealed food grade plastic bags and lined corrugated cardboard box</p> <p><b>Sensory and Physical Characteristics :</b></p> <p><b>Type :</b> Fruiting body</p> <p><b>Color :</b> Typical color of dried maitake mushrooms; light brown or beige to grey</p> <p><b>Aroma/Flavor :</b> Typical of dried maitake mushrooms</p> <p><b>Size :</b> Slices, more than 2cm - 85%</p> <p><b>Consistency :</b> Firm</p> <p><b>Moisture :</b> 13%</p>	
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**THIS IS NOT A READY-TO-EAT PRODUCT. IT MUST BE COOKED PRIOR TO CONSUMPTION.**

**Quality and Food Safety – this product is**

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| <ul style="list-style-type: none"> <li>- cleaned, cut, hand selected, metal detected, x-rayed, color separator detected, and optical machine detected.</li> <li>- in accordance with US food regulation for heavy metals</li> <li>- in accordance with US food regulation for agrochemicals</li> <li>- free of additives, fillers, or processing aids/agents</li> </ul> | <ul style="list-style-type: none"> <li>see attached allergen statement.</li> <li>may contain naturally occurring sulfite.</li> <li>is non-GMO.</li> <li>is not irradiated (unless otherwise stated)</li> <li>is naturally gluten-free</li> </ul> |
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**Storage/ Shelf Life**

- Do not transport/store in humid conditions.
- Store in a cool, dry area of no more than 60°F: 24 months from the “packed on” date. Store at 0°F for extended shelf life.

**California Proposition 65 :**

This product can expose you to mercury, which is known to the State of California to cause birth defects or other reproductive harm. For more information go to [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov).

**Note :**  
A trace amount of mercury is found in soil/substrate and in mushrooms. California Proposition 65 has no Safe Harbor Limit for mercury. Because this product is “Not Ready to Eat” (NRTE), users must calculate their own safe harbor limits based on their specific use and their ultimate “edible portion” of the food.

**PFAS Declaration:** Food packaging used with this product complies with applicable state laws restricting the use of perfluoroalkyl and polyfluoroalkyl substances (PFAS)

Kosher: Certified by Kosher

Halal: Not Halal Certified

Organic: Certified Organic

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Component and derivative	Present in Product	Present in other products mfg on same line	Present in the same mfg plant
Barley, Rye, Oats	NO	NO	NO
Celery (not including seeds)	NO	NO	NO
Corn	NO	NO	NO
Egg	NO	NO	NO
Fin Fish	NO	NO	NO
Dairy	NO	NO	NO
Peanuts	NO	NO	NO
Seeds (i.e. poppy, sunflower, pumpkinseed)	NO	NO	NO
Sesame Seeds	NO	NO	NO
Shellfish	NO	NO	NO
Soy	NO	NO	NO
Tree Nuts	NO	NO	YES (pistachio, cashew, walnut)
Wheat	NO	NO	NO
<b>FOOD SENSITIVITY STATEMENT</b>			
Gluten	NO	NO	NO
Histamine	NO	NO	NO
Lactose	NO	NO	NO
Monosodium Glutamate (MSG)	NO	NO	NO
Sulfites (may contain naturally occurring from 0 to 100ppm)	YES	YES	YES
Yellow Dye (#5)	NO	NO	NO

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<b>Nutrition Facts</b>		
<b>Serving Size</b>	<b>100g</b>	
Amount per serving		
<b>Calories</b>	<b>352</b>	
		%Daily Value*
<b>Total Fat</b>	4.34 g	5.6%
Saturated Fat	0.75 g	3.8%
Mono-unsaturated fat	1.99	
Poly-unsaturated fat	1.60	
Trans Fat	0.00 g	
<b>Cholesterol</b>	0.00 mg	0.0%
<b>Sodium</b>	1.92 mg	0.1%
<b>Total Carbohydrate</b>	61.60 g	22.4%
Dietary Fiber	38.70 g	138.2%
Total Sugars	4.39 g	
Added Sugars	0.00 g	0.0%
<b>Protein</b>	16.60 g	
<b>Vitamin D</b>	0.000 mcg	0.0%
<b>Calcium</b>	7.500 mg	0.6%
<b>Iron</b>	4.210 mg	23.4%
<b>Potassium</b>	2400.0 mg	51.1%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advise.

<b>Nutrition Facts</b>		
<b>Serving Size</b>	<b>1 oz (28.35g)</b>	
Amount per serving		
<b>Calories</b>	<b>100</b>	
		%Daily Value*
<b>Total Fat</b>	1.23 g	1.6%
Saturated Fat	0.21 g	1.1%
Mono-unsaturated fat		
Poly-unsaturated fat		
Trans Fat	0.00 g	
<b>Cholesterol</b>	0.00 mg	0.0%
<b>Sodium</b>	0.54 mg	0.0%
<b>Total Carbohydrate</b>	17.46 g	6.4%
Dietary Fiber	10.97 g	39.2%
Total Sugars	1.24 g	
Added Sugars	0.00 g	0.0%
<b>Protein</b>	4.71 g	9.4%
<b>Vitamin D</b>	0.000 mcg	0.0%
<b>Calcium</b>	2.126 mg	0.2%
<b>Iron</b>	1.194 mg	6.6%
<b>Potassium</b>	680.4 mg	3780.0%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advise.